

A-9004

Sub. Code

6BPEA3

U.G. DEGREE EXAMINATION, NOVEMBER 2019

Physical Education

Allied – HEALTH EDUCATION AND FIRST AID

(CBCS – 2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Meaning of health.
2. What is wellness?
3. List any two preventive measures for cholera
4. What are non-communicable diseases?
5. Define safety education.
6. List any two factors affecting safety.
7. Define first aid.
8. List any two first aid for strain.
9. List any two signs and symptoms of dog bite.
10. List any two first aid for poisoning.

Part B**(5 × 5 = 25)**Answer **all** questions.

11. (a) Explain the factors influencing health.
- Or
- (b) Briefly explain the components of health.
12. (a) Briefly explain the signs, symptoms and preventive measure of malaria.
- Or
- (b) Briefly explain the signs, symptoms and preventive measure of hypertension.
13. (a) Briefly explain the principles of safety education.
- Or
- (b) Explain the characteristics of safety education.
14. (a) List down the types of fracture and explain any one.
- Or
- (b) Briefly explain the importance of first aid.
15. (a) Write short note on artificial respiration.
- Or
- (b) Briefly explain the types of bleeding.

Part C**(3 × 10 = 30)**Answer any **three** questions.

16. Give and account on nature, need and scope of health education.
17. List down the communicable diseases and explain the signs symptoms incubation period mode of spread and its preventive measure of pulmonary tuberculosis.

18. Enumerate the need and importance of safety for preventing injury.
 19. Give an account on first aid for athletic injury.
 20. Give an account on wounds and its type.
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