

A-10230

Sub. Code

6BPEA3

U.G. DEGREE EXAMINATION, APRIL 2021 &

Supplementary/Improvement/Arrear Examinations

Physical Education

***Allied* — HEALTH EDUCATION AND FIRST AID**

(CBCS – 2016 onwards)

Time : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** the questions.

1. Meaning of health education.
2. What is community of health?
3. List down two communicable disease.
4. What is non-communicable disease?
5. Concept of first aid.
6. Define injury.
7. Define strain.
8. Define fracture.
9. Define dislocation.
10. Contusion.

Part B

(5 × 5 = 25)

Answer **all** the questions.

11. (a) National and state level health organization.

Or

- (b) Explain the factors influencing health.

12. (a) Explain the symptoms and prevention of typhoid.

Or

- (b) Explain the symptoms and prevention of peptic ulcer.

13. (a) Explain the factors affecting safety.

Or

- (b) Explain the need for safety education in physical education.

14. (a) What is the first aid and write down the first aid for sprain and strain?

Or

- (b) List down the types of fractures and explain any one.

15. (a) Explain signs and symptoms and first aid for drowning.

Or

- (b) Explain the types of bleeding.

Part C

(3× 10 = 30)

Answer any **three** questions.

16. Write about the school health programs.
 17. What are the non-communicable disease and describe the causes with special emphasis on their preventive methods?
 18. Need and importance of safety for preventing injuries.
 19. Explain the first aid for athletic injuries.
 20. Give an account of signs, symptoms and first aid for drowning and burns.
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