

Total No. of Pages : 2

Register Number :

7224

Name of the Candidate :

M.B.A. DEGREE EXAMINATION MAY 2015.
(SELF MANAGEMENT AND CRISIS MANAGEMENT)
(FIRST YEAR)

140 — MANAGING THE SELF

Time : Three hours

Maximum : 75 marks

PART A

Answer any FIVE questions.

(5 × 3 = 15)

All questions carry equal marks.

1. Write a short note on.
 - (a) Anatomy of the self.
 - (b) Transforming.
 - (c) Power to decide.
 - (d) Managing interferences.
 - (e) Perceptual challenges.
 - (f) Self-esteem.
 - (g) Development of life skills.
 - (h) Levels of Relationship.

PART B

Answer any THREE questions.

(3 × 10 = 30)

All questions carry equal marks.

2. What are the Innate and Acquired qualities of the self?
3. Explain about the Pro-activities and Interactive of power.

4. Discuss about the mental positioning and mental assumptions.
5. What are the Purpose of Living?
6. Bring out the ways of relationship with Supreme.

PART C

Answer any TWO questions.

(2 × 15 = 30)

7. What are the various principles of positive thinking?
 8. Describe the powers of self related to love, accommodation and decision.
 9. Explain in detail Verbal and Non-verbal communication.
 10. Human being is always having relationship with nature and environment-Comments.
-